

EXERCISE SCIENCE PROGRAM

Accelerated Bachelor of Science in Exercise Science

Students could begin at SHU after graduation from WAHS with up to 51 credits

		West Allegheny Course	Starting 9th grade	Starting 10th grade	Starting 11th grade	Starting 12th grade	College Course(s)	Credits	WA Course Type
Ę		Exercise Science	11th/12th	11th/12th	11th/12th	12th	SHU - SER 110: Introduction to Exercise Science	3	Science
Core Program Courses		Nutrition for Life	11th/12th	11th/12th	11th/12th	12th	SHU - SNT 160: Nutrition for Life	3	Science
		0412 AP Physics 1	11th	11th	11th	12th	RMU - PHYS 1210/1215 General Physics 1/Lab	4	Science
		0324 AP Statistics	10th/11th/ 12th	10th/11th/ 12th	11th/12th	12th	RMU - STAT 2110: Statistics	3	Math
	3-6 credits of Communication and Problem Solving	0122 AP English Language & Composition	11th/12th	11th/12th	11th/12th	12th	RMU - CSEN 1020: Argument & Research	3	English
		0151 Oral Communications	12th	12th	12th	12th	RMU - CSCM 1030: Communications, Public Speaking & Persuasion	3	English
	ommun em Solvii	0150 Creative Writing	11th/12th	11th/12th	11th/12th	12th	SHU - SEL 153: Intro to Creative Writing	3	English
	dits of C d Proble	0152 Journalism	11th/12th	11th/12th	11th/12th	12th	SHU - SEL 160: News, Arts, & Sports Writing	3	English
	3-6 crei an	0133 Classic & Modern Literature	12th	12th	12th	12th	RMU - ELIT 1050: Classic & Modern Literature	3	English
		0132 AP English Literature & Composition	12th	12th	12th	12th	RMU - ENGL 1040: Reading Literature Coming of Age	3	English
	S	0134 Film Studies	12th	12th	12th	12th	RMU - HUMA 1010: Art & Music	3	English
	, and Global Awareness Languages)	0232 AP U.S. Government & Politics	10th	10th	10th	10th	RMU - POLS 1020: American National Government	3	Social Studies
	ages) ages)	0238 AP World History	11th	11th	11th	11th	RMU - HIST 1700 Western Civilization	3	Social Studies
	al, and G n Langu	0502 Spanish 3	10th	10th/11th	10th/11th	12th	SHU - SSP 105: Elementary Spanish Lang & Culture 2	3	Social Studies
ses)	15-18 credits of Historical, Cultural, ((3-6 credits of Modem L	0503 Honors Spanish 4	11th	11th	11th	12th	SHU - SSP 205: Intermediate Spanish Lang & Culture	3	Social Studies
d. Cour		0504 AP Spanish	12th	12th	12th	12th	SHU - SSP 250: Topics in Spanish Usage	3	Social Studies
Gen. E	dits of H (3-6 c	0522 German 3	10th	10th/11th	10th/11th	12th	SHU - SGE 105: Elementary German Lang & Culture 2	3	Social Studies
ulum (5-18 cre	0523 Honors German 4	11th	11th	11th	12th	SHU - SGE 205: Intermediate German Lang & Culture 1	3	Social Studies
Liberal Arts Curriculum (Gen. Ed. Courses)	1	0524 AP German	12th	12th	12th	12th	SHU - SGE 210: Intermediate German Lang & Culture 2	3	Social Studies
al Arts	s of	0317 Honors Early College Algebra 2	9th	10th	11th	12th	RMU - MATH 1010: College Mathematics	3	Mathematics
Liber	4 credit	0320 AP Precalculus	10th	10th	11th	12th	RMU - MATH 1020: Precalculus	3	Mathematics
0	12-14 credits of Multiple Models of Inquiry, Reasoning, and Expression [3-4 credits of Mathematics, 3-4 credits of Natural Science, 3 credits of Sciences)	0323 AP Calculus AB	10th	10th	11th	12th	RMU - MATH 2070: Calculus with Analytical Geometry I	3	Mathematics
L		0325 AP Calculus BC	12th	12th	12th	12th	RMU - MATH 2170: Calculus with Analytical Geometry II	3	Mathematics
		0410 AP Biology	10th/11th/ 12th	10th/11th/ 12th	11th/12th	11th/12th	RMU - BIOL 1310/1315: Principles of Biology/Lab	4	Science
c		0411 AP Chemistry	12th	12th	12th	12th	RMU - CHEM 1210/1215: Chemistry I/Lab	4	Science
		0413 AP Physics 2	12th	12th	12th	12th	SHU - SPH 108/109: College Physics II/Lab	4	Science
		0240 AP Psychology	11th/12th	11th/12th	11th/12th	12th	RMU - PSYC 1010: General Psychology	3	Social Studies
1		0242 Criminal Justice	Justice 10th/11th/ 10th/11th/ 12th 12th 11th/	10th/11th/	11th/12th		RMU - CRMJ 1010: Intro to Criminal Justice	3	Coold Studies
4 g =		0243 Criminal Justice		110/120	12th	RMU - POLS 2020: Criminal Law and Evidence	3	Social Studies	
		0246 Corrections and Social Issues	10th/11th/ 10 12th	10th/11th/	10th/11th/ 12th	10th/11th/ 12th	RMU - CRMJ 2010: Corrections	3	Social Studies
				12th			RMU - SOCI 1020: Contemporary American Social Problems	3	

*Last updated January 2025